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# Coronavirus (COVID-19) Isolation Information

This information is for people who need to isolate in Mansfield Shire. It contains information about resources and support available to community members who are in isolation.

## Several sources of relief are available for those who need to isolate

### Medical

Medical services in Mansfield Shire. In an emergency call 000.

### General Relief

Community Relief and Assistance 1800 672 243.

### Business

Businesses will deliver food, groceries and medication.

### Mental Health

Support is available and it is important to reach out.

### Financial

You may be eligible for financial support.

## Medical Support



### In an emergency always call Triple Zero (000)

If you require assistance from a medical professional contact your GP

- Mansfield Medical Clinic: 5775 2166
- Central General Practice: 5775 2591
- Out of hours contact Mansfield District Hospital: 5775 8800 - [mdh.org.au](http://mdh.org.au)

## Financial Support



- Financial and other supports are listed on the [coronavirus.vic.gov.au](http://coronavirus.vic.gov.au) website: [mshire.co/covidpayment](http://mshire.co/covidpayment)
- A \$450 payment for Victorian workers who are waiting for test results - [mshire.co/isopayment](http://mshire.co/isopayment)
- COVID-19 Disaster Payments (Australian Government) 180 22 66 [mshire.co/AusDisaster](http://mshire.co/AusDisaster)

# Information for those in isolation

## Relief and Assistance

People in Victoria who need to isolate due to COVID-19, who require relief and can't get help from family or friends, can receive a relief package or support. Relief will help make sure people have food, essential items and essential supports while they stay at home.

### Coronavirus Hotline

1800 675 398 for general coronavirus advice from the Victorian Government. Food relief and support can be accessed on this line.

### 1800 MSC Aid (1800 672 243)

Mansfield Shire Council's Community Relief and Assistance Hotline available Monday – Friday 8.15am – 5pm.  
If you can't access support from friends and family, we can help with access to food, medication, social support, financial and other support.  
1800 MSC AID (1800 672 243)

## Mental Health and Social Supports

Reach out. Help is available. More resources are available at [mansfield.vic.gov.au](https://mansfield.vic.gov.au)

### Coronavirus Hotline

If you are distressed, anxious or lonely during your period of isolation, call the Coronavirus Hotline on 1800 675 398 (option 3) to talk to an Australian Red Cross Volunteer.

### Mental Health Supports

Mansfield District Hospital Social Worker - 5775 8800  
Beyond Blue Coronavirus Mental Health Wellbeing (24/7) - 1800 512 348  
[coronavirus.beyondblue.org.au](https://coronavirus.beyondblue.org.au) includes online chat and forums.  
Kids Helpline (5-25 years) (24/7) - 1800 55 1800

## Get supplies delivered

### Groceries

Marks IGA - 5775 2014 - [mansfieldiga.com.au](https://mansfieldiga.com.au)  
Foodworks - 5775 2255 - [mansfieldmyfoodworks.com.au](https://mansfieldmyfoodworks.com.au)

### Pharmaceuticals

Guardian Pharmacy - 5775 2028  
Cathy Henry Pharmacy - 5775 1311

### Takeaway

[eatdrinkmansfield.com.au](https://eatdrinkmansfield.com.au)

### Library

Access to books, DVDs and other resources via click and collect 5775 8555